



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2017

Sporting Excellence in Karate

Regional Level

Sarah Hinchly

This is to certify that Sarah Hinchly has performed to a very high standard in Competition Sport Karate throughout 2017 winning the medals and titles listed below:-

Championship Success - 2 Silver 1 Bronze

Hull & East Riding Karate Academy Championships - 18th June, Bilton

Silver - Individual Kata

Shindo Kai Karate Championships - 19th November, Barnsley

Silver - Pairs Kata

Bronze - Individual Kumite

Congratulations on your sporting achievements throughout 2017. Well done Sarah.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy

